

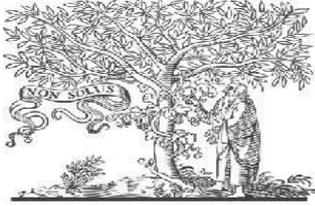


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## BODY AND FALL DETECTION SYSTEM WITH HEART RATE MONITORING

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**Abstract:** Today, with the ever-increasing pace of life and the intricacies associated with it, heart diseases have become very common in all age groups. For an early understanding of the problem, a continuous monitoring of the basic parameter i.e. the heartbeat rate of an individual can help in a big way. In this paper, a cost effective wireless monitoring system has been proposed. The concept helps in saving on human capital and error-free monitoring of the heartbeat rate. Not only is the monitoring necessary, there is also a need to store the data for future reference. The wireless transmission and updating of the data on the world wide web using a Adriano atmega328p and the concept of "Internet of Things" aids this. The online, real-time graphs give an insight on the heartbeat rate trend of the patient, which becomes extremely useful for reference purposes; the major advantage being, the data can be accessed from all over the world on any basic computing system. Further, the proposed method becomes highly cost effective when applied for a number of individuals at a time and can, in turn, reach the relatively lower strata of the society.

### 1.Introduction:

Presently a days populace maturing is extraordinary ever of and begun in the western world amid the twentieth century. It is considered as a human example of overcoming adversity, through the achievement of open therapeutic and wellbeing headways. In any case, this maturing procedure likewise puts a considerable measure of difficulties with respect to national advancement, issues concerning health of the elderly individual, the supportability of families, and the capacity of human services framework to accommodate maturing populaces. As of late, there are numerous kinds of consumer electronic gadgets, for example, sensors and actuators have been created for home

system applications. A buyer home system usually contains different kinds of electronic devices like sensors, remote apparatuses, and actuators, with the goal that home clients can control in a smart way or savvy and programmed approach to enhance their personal satisfaction. As of late, especially with the ages in Micro-Electro-Mechanical Systems (MEMS) innovation which has encouraged the development of brilliant sensors. These sensors are modest, with constrained preparing and processing backing, and they are inexpensive compared to customary sensors. These sensor hubs can detect, measure, and gather data from the conditions and, based on some nearby

choice process, they can transmit the detected information to the client. In a couple of years prior some agent advances to perform a home Network incorporate IEEE 802.11, Bluetooth, and Zig-honey bee, GSM module and so forth. Zig-honey bee is reasonable for consumer home systems on the grounds that different sensors can be extended to gather home information data in a circulated, self-organizing manner with moderately low power. In this paper utilized a GSM module which is reasonable for long separation correspondence it transmits the message to a cell phone of guardian or relatives of the fallen subjects. Amid the most recent decades, numerous arrangements have been proposed for elderly fall identification. Such arrangement can be classified into three types. One of the most punctual arrangements 3-pivot Micro-Electro-Mechanical Systems accelerometer, such framework persistently screens the elderly individuals toward all path and when it identifies a fall, guardians are advised of the event of such occasion. In a decade ago many studies called attention to proposed out that the elderly frequently postpone medicines after falls happen in light of the confusion. They can't use phones to illuminate the therapeutic treatment about the correct fall area or crisis help, the vast majority of the fall just lying on the ground and missing the best safeguard timing, which may even prompt serious outcomes. Numerous old individuals with fall encounters are not willing to lead the recovery work later on the grounds that they are stressed to fall once more. They regularly restrain the scope of activities bythemselves, which influences their life quality truly as well as results in their

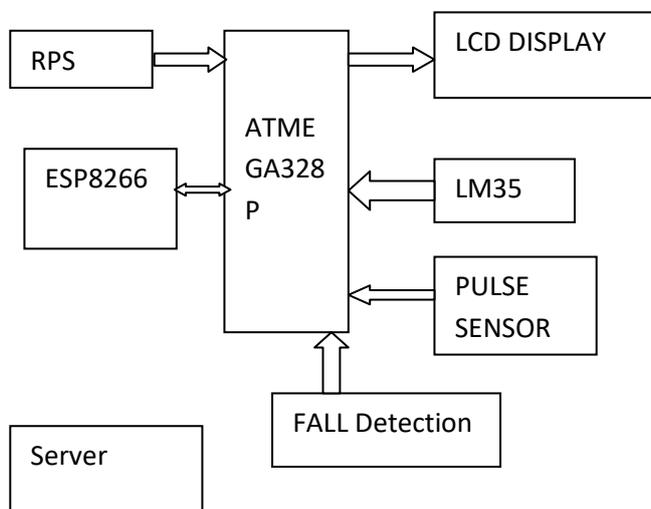
muscle decay; some of them even require longtermcare in their every day life

## 2. EXISTING SYSTEM

Modern technologies are equipped with different sensing devices such as accelerometers, gyroscopes, and magnetometers. The accelerometer (also called inertial sensor or G-sensor) can measure the proper acceleration felt by the sensors, and can have many applications on gesture based interactions with smart phone such as automatic screen rotation. This study focus on the advanced technologies to help elderly person and detect the fall by various ways. With the purpose to successfully detect falls, there are different types of fall detection methods for elderly people, namely wearable device based methods, vision based methods, and ambient based methods. The literature reviewed provides evidence of the lack of a common approach. Noury et al. [3] classify the different studies on fall detection according to whether they only focus on the detection of the impact shock, or they also include the detection of the post fall phase. Zhang, Ren and Shi [1] proposed HONEY (Home healthcare sentinel system), a three-step detection scheme which consisted of an accelerometer, audio, image and video clips. Its innovation was to detect falls by leveraging a tri axial accelerometer, speech recognition, and on-demand video. Bagalàet al. [2] gave an evaluation of accelerometer-based fall detection algorithms on real-world falls. They found that the sensitivity and specificity on real falls are much lower than that in an experiment environment. This inspires researchers to take more real world scenarios into consideration. Abbateet al. [4], [5] proposed a smartphone based fall

detection system with consideration of the acceleration signal produced by fall-like activities of daily lives. Yu et al. [6] proposed a vision based fall detection method by applying background subtraction to extract the foreground human body and post processing to improve the result. Sazonov et al [7] developed an in-shoe pressure and acceleration sensor system that was used to classify activities including sitting, standing, and walking with the ability of detecting whether subjects were simultaneously performing arm reaching movements. Recent advances in smart phone technology have led to their use in fall detection systems. Often, these systems combine fall detection with localization of the person who fell via a GPS-based method [8,9]. Yavuz et al [10] developed a fall detection system that relied upon the accelerometers available in smart phones and incorporated different algorithms for robust detection of falls. WEALTHY [11], led to the development of garment-based wearable sensors aiming at general health monitoring of people in the home and community settings.

### 3. Block diagram:



### 4. PROPOSED RESEARCH METHODOLOGY

The existing elderly people monitoring systems are dependent on the home network which poses an inherent risk of not delivering safety critical message at run time due to the fact that communication is done from hardware to home network to elder care control centre to medical server to WAN to user. This takes more than five hops for the data or the alert to reach the doctor or the home user. In our approach we intend to cut down the no. of hops and reduce the time needed for communication of the safety critical message. To do this we consider the fact that now a days every individual is carrying a smart phone which has Bluetooth, GPS, GPRS and GSM capabilities. We will develop a network which contains accelerometer and Cardio tachometer and a Bluetooth interface. This hardware will be connected to the smart phone via Bluetooth in case of any disruptions in the reading of accelerometer or heart rate the hardware will communicate the readings via Bluetooth to the android phone that will communicate these values directly to the doctor and the family members via GSM and GPRS also sending the location of the person. This will happen often quickly that in just one hop everyone is informed about the health condition of the elderly person

### 5. RESULTS

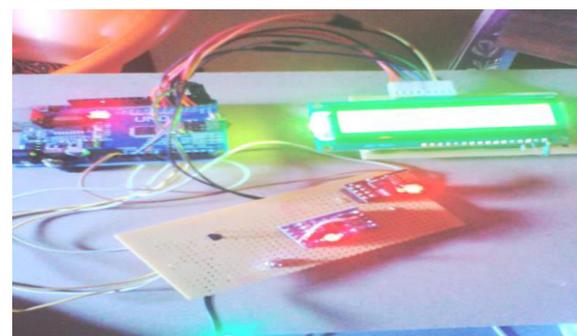


Fig: Hardware Implementation



Fig: Output Values

## 6 CONCLUSIONS AND FUTURE WORK

In this paper, an enhanced fall detection system based on Wearable device was proposed and implemented that successfully detected accidental falls in a consumer home application. By using information from an accelerometer, smart sensor and cardio tachometer, the impacts of falls can successfully be distinguished. Wearable device is completely safe because it is worn on the outside of the body not inside the body. This work is of low cost, very effective, and productive. But there is always room for improvement. This merchandise has been designed as a prototype and requires further developments for using it in assorted applications. This system can be further expended in developing a Windows application which can support windows phone and the wearer device must be small

and unobtrusive in the form of compact watch and it should not label people.

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