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"SWITZERLAND" OF UZBEKISTAN

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ANNOTATION

The article discusses the history of Zaamin district, its tourism potential and socio-economic potential of the district.

Key words: *tourism, goals and objectives, sectors, welfare, import-export.*

Although the Zaamin district of Jizzakh region was founded on September 29, 1926, if we look at its history and past, we can see that it is much older.

Zaamin is located in the ancient lands of Sughd, Bactria, Fergana and Chach, as well as in the mountainous valley of the Syrdarya and Zarafshan rivers, and is part of one of the oldest agricultural provinces of Central Asia - Ustrushna. According to archeological sources, Zaamin has a history of two thousand years, dating back to the distant past - the II-I centuries BC. As it matured, its boundaries widened from time to time, sometimes shrinking under the influence of various historical events. However, one of the largest rivers, Ustrushona - formed on the basis of Zaamin, has always been the center due to the density of the population of Zaamin. Zaamin was considered one of the most prestigious rustaks of Ustrushna in the Middle Ages.

Today Zaamin is one of the most developed regions of Uzbekistan. Taking into account the fact that the region has a population of more than 160 thousand people, the city has a high level of infrastructure, enterprises and factories.

Another important aspect of Zaamin is that it is also popularly known as the "Switzerland" of Uzbekistan. This is not in vain. Anyone who steps here will enjoy the healing mountain air and will not lose sight of the beauty of nature. Thousands of

streams begin their journey from the confluence of the majestic mountains with the vast sky. As it flows downwards, the rushing mountain streams join together to form a mighty river. Caves inhabited by ancient people at the foot of the mountains and peaks, and gorges with spruce trees on the rocks also enchant man.

Zaamin is located in the northern part of the Turkestan mountain range, and the mountainous area consists of the adjacent Zaamin State Reserve and Zaamin People's Park.

Zaamin State Reserve was established in 1960 in the territory of Zaamin and Bakhmal districts, with an area of 26,840 hectares. Zaamin People's Park was established in 1978 and covers an area of 24,110 hectares. The reserve ensures the protection and inviolability of all natural resources in its territory. The People's Park was established to preserve, restore and recreate unique mountain ecosystems.

Pine forests are one of the largest forests in the region. There are 14 unique species of animals and 18 species of plants listed in the Red Book of Uzbekistan.

Pilgrimage tourism in Zaamin district is also well developed. Due to this, Zaamin is also called "the abode of great scholars

and sacred places". The historically great scholars of the region, the holy shrines where the saints have settled forever, are still preserved. In particular, such shrines as "Father in a blue coat", "Father Sarob ota", "Mother Parpi".

There is also a "Zaamin sanatorium" in the foothills of the Zaamin Mountains, at an altitude of 2,000 meters above sea level. The main therapeutic factor of the sanatorium is the mountain climate and air. Beautiful mountain scenery, fresh air, abundance of sunlight, high ultraviolet radiation create favorable conditions for climatic prophylactic and therapeutic treatments. This facility mainly treats (functional) diseases of the respiratory and nervous systems. The dormitory of the sanatorium consists of comfortable, single and double wards. The building has a club, library, bar, playrooms with attractions for children, sports grounds.

On November 9 this year, the Government of Uzbekistan approved the resolution "On measures for integrated socio-economic development of Zaamin district of Jizzakh region in 2020-2022."

According to him, it is planned to establish a tourist and recreational zone "Zomin" on the plateau "Suffa" in the mountainous region of Zaamin. It is planned to establish modern hotel complexes, golf courses, winter sports complexes, roads, cultural and recreational, trade, entertainment and other facilities of tourist significance, as well as modern engineering infrastructure on the territory of the planned tourist and recreational zone.