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## Energy-Efficient Routing Protocols in Internet of Things (IoT)

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### Abstract:

The proliferation of Internet of Things (IoT) devices has led to unprecedented challenges in terms of energy consumption, particularly in the context of communication protocols. Energy-efficient routing protocols have emerged as a crucial solution to mitigate the energy depletion problem in IoT networks. This research paper presents a comprehensive review of energy-efficient routing protocols in IoT, highlighting their design principles, advantages, limitations, and future directions. We explore prominent protocols such as LEACH, RPL, and EEBR, and discuss their impact on prolonging network lifetime and optimizing energy consumption. Furthermore, we analyze the key factors influencing protocol performance and energy savings, including node mobility, network density, and traffic patterns. By evaluating various protocols and their adaptations, this paper provides valuable insights for researchers, practitioners, and IoT stakeholders aiming to implement sustainable and efficient routing solutions.

**Keywords:** IoT, LEACH, RPL, EEBR

### Introduction:

The IoT ecosystem has witnessed exponential growth, resulting in the deployment of numerous battery-powered devices that communicate with each other and with backend systems. The energy efficiency of IoT networks has become a paramount concern due to the limited energy resources of these devices. Routing, as a fundamental aspect of communication protocols, plays a critical role in determining the energy consumption of IoT networks. This paper delves into the significance of energy-efficient routing protocols and their role in prolonging the lifespan of IoT networks.

### Energy Efficiency in IoT Routing Protocols:

Energy-efficient routing protocols aim to minimize the energy consumption of IoT devices while ensuring reliable and timely data delivery. These protocols optimize the selection of communication paths, transmission power levels, and data aggregation mechanisms to maximize network lifetime. Three prominent energy-efficient routing protocols in IoT are examined in this paper:

*Low-Energy Adaptive Clustering Hierarchy (LEACH)*

*IPv6 Routing Protocol for Low-Power and Lossy Networks (RPL)*

*Energy-Efficient Bounded Relay (EEBR)*

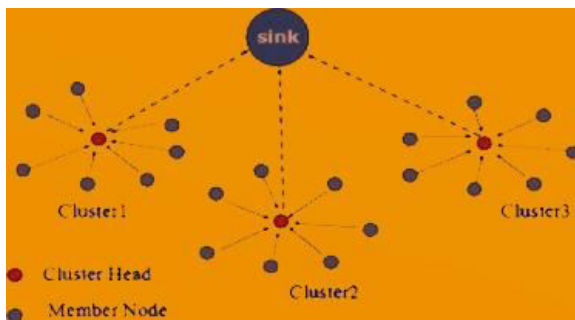
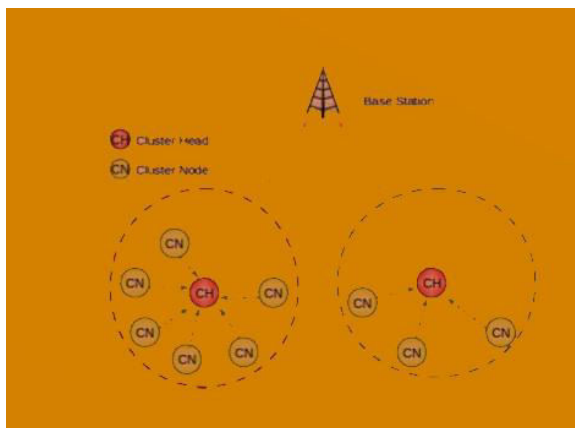
### LEACH:(Low-Energy Adaptive Clustering Hierarchy)

LEACH introduced the concept of clustering to IoT networks, where nodes organize themselves into clusters with one node acting as a cluster head. Cluster heads aggregate and transmit data to the sink node, minimizing energy consumption by leveraging localized communication. We discuss the advantages and limitations of LEACH, including its adaptability to node heterogeneity and scalability concerns.

LEACH stands for "Low-Energy Adaptive Clustering Hierarchy." It is a widely used clustering protocol in wireless sensor networks (WSNs) to manage energy consumption and extend the network lifetime. Wireless sensor networks consist of numerous tiny, resource-constrained sensor nodes that are often deployed in remote or hostile environments to collect

and transmit data to a central sink or base station.

The main objective of LEACH is to distribute the energy consumption evenly among sensor nodes in order to prolong the network's operational lifetime. This is achieved through a hierarchical approach where the network is divided into clusters, with one node in each cluster acting as the cluster head (CH) or cluster leader. The other nodes in the cluster are referred to as member nodes.



LEACH operates in rounds, and each round consists of the following phases:

### 1. Cluster Formation:

- In the beginning of each round, sensor nodes decide whether to become a cluster head or a member node based on a randomized probability threshold. This threshold ensures that the cluster head role is evenly distributed among nodes over time.

- Nodes that decide to become cluster heads broadcast their candidacy to other nodes.

### 2. Cluster Setup:

- Member nodes choose their respective cluster heads based on signal strength or other criteria.

- Cluster heads gather information about their member nodes and create clusters.

### 3. Data Aggregation and Communication:

- Member nodes collect data from the environment and transmit it to their respective cluster heads.

- Cluster heads aggregate the received data and perform data fusion to reduce the amount of data transmitted to the base station.

- Cluster heads then forward the aggregated data to the base station.

### 4. Termination and Next Round:

- After completing their tasks, cluster heads may deplete their energy faster than other nodes due to the added responsibilities.

- In the next round, new cluster heads are chosen to distribute the energy consumption more evenly.

LEACH effectively reduces energy consumption by exploiting the concept of data aggregation and avoiding direct communication between every sensor node and the base station. The dynamic nature of cluster head selection ensures that the energy burden is shared among nodes, ultimately extending the network's lifetime.

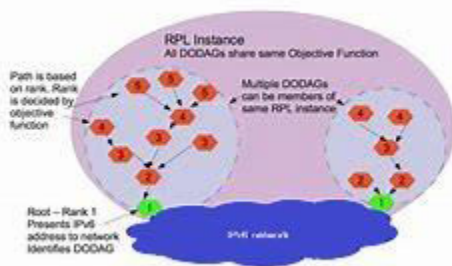
It's worth noting that LEACH was one of the pioneering protocols in the field of wireless sensor networks, and variations and improvements on its design have been proposed over the years to enhance its



efficiency, scalability, and performance in different deployment scenarios.

### RPL( IPv6 Routing Protocol for Low-Power and Lossy Networks):

RPL is an IPv6-based routing protocol designed for low-power and lossy networks, such as those in IoT. It employs a Directed Acyclic Graph (DAG) structure to facilitate energy-efficient routing. We delve into RPL's features, including its support for multiple routing metrics and its ability to adapt to network changes. Additionally, we explore challenges like control message overhead and suboptimal path selection.



RPL (IPv6 Routing Protocol for Low-Power and Lossy Networks) is a standardized routing protocol designed specifically for low-power and lossy networks (LLNs) in the context of the Internet of Things (IoT). LLNs consist of resource-constrained devices, such as sensors and actuators that communicate over wireless links and are characterized by their limited processing power, memory, and energy resources.

RPL was developed by the IETF (Internet Engineering Task Force) as a solution to address the unique challenges posed by routing in LLNs. Some of these challenges include:

1. *Energy Efficiency:* Devices in LLNs are often powered by batteries and need to operate for extended periods without frequent battery replacements. RPL takes into account the energy consumption of devices and aims to minimize energy consumption through efficient routing.

2. *Low Bandwidth:* LLNs usually have low data rates due to the constrained nature of the wireless links. RPL aims to optimize the use of available bandwidth by reducing unnecessary overhead in routing messages.

3. *Topology Changes:* In LLNs, the network topology can be highly dynamic due to device mobility or intermittent connections. RPL adapts to these changes and maintains connectivity by dynamically adjusting the routing paths.

4. *Lossy Links:* Wireless communication in LLNs can result in packet loss and link instability. RPL is designed to cope with these lossy links and find reliable paths for data transmission.

Key features of RPL include:

DODAG (Destination Oriented Directed Acyclic Graph), Objective Functions, Parent Selection, Rank-Based Routing, Distributed Operation.

RPL has been adopted as a routing protocol in a variety of IoT applications, including smart cities, industrial automation, environmental monitoring, and home automation. It enables efficient and reliable communication in low-power and lossy networks while taking into account the unique constraints of IoT devices.

### EEBR: Energy-Efficient Bounded Relay:

EEBR focuses on energy-efficient data forwarding through the selection of a bounded number of intermediate nodes as relays. It aims to minimize energy consumption during data transmission while maintaining data reliability. We analyze the benefits of EEBR, including reduced communication overhead and extended network lifetime, as well as potential concerns related to node density and network mobility.

"Energy-Efficient Bounded Relay" could refer to a technology or concept related to energy-efficient communication systems, particularly in the context of wireless or networked communication. In this context,

a "relay" typically refers to a device or node that receives a signal and retransmits it to extend the range of communication.

The term "EEBR" likely stands for "Energy-Efficient Bounded Relay" in the context of the Internet of Things (IoT). In IoT systems, devices often operate on limited energy resources, such as batteries, making energy efficiency a crucial consideration.

A "bounded relay" refers to a device or node that relays data or communication between other nodes within a certain defined boundary or range. This can be particularly useful in extending the communication range of low-power IoT devices by employing intermediate nodes that relay messages between the source and destination.

The concept of an "Energy-Efficient Bounded Relay" likely involves designing relay mechanisms or protocols that prioritize energy efficiency while operating within a specified range or boundary. This could include techniques such as optimizing relay placement, managing transmission power, controlling duty cycles, and employing sleep modes to prolong the battery life of the relay nodes and the overall IoT network.

In essence, EEBR would focus on ensuring that the relay nodes efficiently extend the communication range of IoT devices while minimizing their energy consumption, ultimately contributing to the overall sustainability and longevity of IoT deployments. This concept aligns with the broader goal of achieving energy-efficient and reliable communication within IoT ecosystems.

## **Factors Influencing Protocol Performance:**

Several factors impact the performance of energy-efficient routing protocols, including node mobility, network density, and traffic patterns. This section discusses how these factors influence protocol selection,

adaptation, and overall energy savings in IoT networks.

The performance of protocols in the Internet of Things (IoT) ecosystem is influenced by a variety of factors due to the unique nature of IoT devices and the environments in which they operate. These factors can impact various aspects of protocol performance, including communication efficiency, latency, energy consumption, scalability, and reliability. Here are some key factors that influence protocol performance in IoT:

*Device Heterogeneity:* IoT devices come in various shapes, sizes, processing capabilities, and communication technologies. Protocols need to accommodate this diversity and provide efficient communication mechanisms for devices with varying capabilities.

*Network Topology:* IoT networks can have different topologies, such as star, mesh, or tree structures. The chosen protocol should be able to handle the specific topology effectively to ensure reliable communication.

*Communication Technologies:* IoT devices can use various communication technologies like Wi-Fi, Bluetooth, Zigbee, LoRa, NB-IoT, and more. Protocols must be optimized for the specific communication technology to achieve optimal performance.

*Data Volume and Frequency:* IoT devices generate a wide range of data volumes and frequencies. Some devices transmit small amounts of data infrequently, while others transmit larger volumes of data more frequently. Protocols should be designed to efficiently handle different data patterns.

*Latency Requirements:* Depending on the application, some IoT scenarios demand low-latency communication. Protocols need to minimize communication delays to meet real-time requirements.

*Power Consumption:* Many IoT devices are battery-powered and have limited energy

resources. Protocol design should consider energy-efficient communication mechanisms to extend device battery life.

*Scalability:* IoT networks can include a large number of devices. Protocols should be scalable to support communication with a growing number of devices without sacrificing performance.

*Security and Privacy:* IoT devices often handle sensitive data, making security and privacy crucial. Protocols need to incorporate robust encryption, authentication, and authorization mechanisms.

**Table 1: Comparative Analysis and Performance Metrics**

	<b>LEACH</b>	<b>RPL</b>	<b>EEBR</b>
<i>Protocol Type</i>	Cluster-based	Hierarchical routing	Nature-inspired
<i>Topology</i>	Hierarchical	tree and mesh	mesh
<i>Energy Efficiency</i>	By employing sleep schedules.	by selecting optimal routes	inspired by the foraging behavior
<i>Scalability</i>	hierarchical clustering	hybrid approach	adaptive path selection
<i>Latency</i>	multi-hop communication	by selecting appropriate routing paths	bee-inspired path discovery process
<i>Complexity</i>	Relatively simple	Moderately complex	Moderate complexity
<i>Mobility</i>	moderate	static or slow-moving	moderate mobility
<i>Security</i>	Basic security mechanisms can be applied	Supports secure communication	might need to be added at the application layer
<i>Protocol Overhead</i>	due to cluster formation	from control messages	from bee-inspired path
<i>Standardization</i>	Not standardized	Standardized by IETF	may lack standardized

**Future Directions and Open Challenges:**

As IoT continues to evolve, several challenges and research directions emerge in the domain of energy-efficient routing protocols. This section outlines potential areas for improvement, including cross-layer optimizations, machine learning-based routing, and integration with renewable energy sources.

Energy-efficient routing protocols continue to play a crucial role in the development and deployment of Internet of Things (IoT) applications. As the IoT landscape evolves, there are several future directions and open challenges that researchers and practitioners need to address to further enhance the performance and

sustainability of energy-efficient routing protocols in IoT

The future of energy-efficient routing protocols in IoT involves addressing the unique challenges posed by IoT's evolving landscape while leveraging advancements in technology to achieve optimal energy consumption and network performance

**Conclusion:**

Energy-efficient routing protocols play a crucial role in mitigating energy consumption challenges in IoT networks. This research paper provides a comprehensive overview of notable protocols such as LEACH, RPL, and EEBR, and their contributions to extending network lifetime and reducing energy consumption. By understanding the design



principles, advantages, and limitations of these protocols, researchers and practitioners can make informed decisions when designing energy-efficient IoT networks.

In conclusion, energy-efficient routing protocols play a critical role in enhancing the performance and sustainability of Internet of Things (IoT) networks. As IoT devices often operate in resource-constrained environments with limited energy supplies, selecting the right routing protocol can significantly impact the overall efficiency and longevity of these networks. Energy-efficient routing protocols are designed to minimize energy consumption while maintaining reliable communication and satisfying application-specific requirements

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